



Childers Family YMCA

For Youth Development, For Healthy Living, For Social Responsibility

# AQUATICS

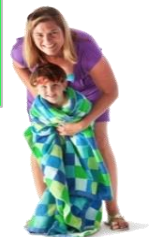
Beginning October 1, 2017

Time	MONDAY					TUESDAY					WEDNESDAY					THURSDAY					FRIDAY				
	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5
6:00a	Member Swim					Member Swim					YMCA Swim Team 6:00-7:00a					Member Swim					Member Swim				
7:00a	Member Swim					Member Swim					Member Swim					Member Swim					Member Swim				
8:00a	Member Swim					Member Swim					Member Swim					Member Swim					Member Swim				
9:00a	Member Swim					Member Swim					Member Swim					Member Swim					Member Swim				
10:00a	Member Swim					AQUA FIT (9:30-10:30a)					Member Swim					AQUA FIT (9:30-10:30a)					Member Swim				
11:00a	Member Swim					Member Swim					Member Swim					Member Swim					Member Swim				
12:00p	Learn to Swim (12:00-1:00p)					Learn to Swim (12:00-1:00p)					Learn to Swim (12:00-1:00p)					Learn to Swim (12:00-1:00p)					Learn to Swim (12:00-1:00p)				
1:00p	Member Swim					Member Swim					Member Swim					Member Swim					Member Swim				
2:00p	Member Swim					Member Swim					Member Swim					Member Swim					Member Swim				
3:00p	Member Swim					Member Swim					Member Swim					Member Swim					Member Swim				
4:00p	Member Swim					Member Swim					YMC A Afterschool (3:30-5:00pm)					Member Swim					Member Swim				
5:00p	YMCA Swim Team 3:00-6:00p					YMCA Swim Team 3:00-6:00p					Member Swim 5:00-8:00p					YMCA Swim Team 3:00-6:00p					YMCA Swim Team 3:00-6:00p				
6:00p	Member Swim 6:00-8:00p					AQUA FIT (6:30-7:30p)					Member Swim 5:00-8:00p					AQUA FIT (6:30-7:30p)					Member Swim 6:00-8:00p				
7:00p	Member Swim 6:00-8:00p					Member Swim					Member Swim 5:00-8:00p					Member Swim 6:00-8:00p					Member Swim 6:00-8:00p				
8:00p	Member Swim					Member Swim					Member Swim					Member Swim					Member Swim				

SATURDAY					SUNDAY				
1	2	3	4	5	1	2	3	4	5
Member Swim					Member Swim				

Please see the reverse side of the Aquatics Schedule as programming changes take place mid-month!

Aquatrack Saturday will be the second Saturday of every month!



Member Swim 11:00a-3:00p

Member Swim 1:00-3:00

- L BLUE Lap Swim
- PURPLE Fitness
- YELLOW Community Program
- D BLUE Family & Fun
- GREEN Teams / Club
- LIME Other Program



1634 Plant Avenue. Waycross, GA . (912) 285-8660 . www.ymcawaycross.com

Schedule is subject to change without notice. For questions or information, please contact Kevin Sullivan @ ksullivan@ymcawaycross.org



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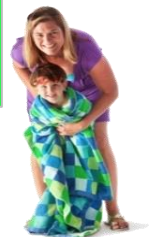
Beginning October 16, 2017

Time	MONDAY					TUESDAY					WEDNESDAY					THURSDAY					FRIDAY				
	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5	1	2	3	4	5
6:00a	High School Swim Team					High School Swim Team					YMCA Swim Team 6:00-7:00a					High School Swim Team					High School Swim Team				
7:00a	Member Swim					Member Swim					Member Swim					Member Swim					Member Swim				
8:00a	Member Swim					Member Swim					Member Swim					Member Swim					Member Swim				
9:00a	Member Swim					AQUA FIT (9:30-10:30a)					Member Swim					AQUA FIT (9:30-10:30a)					Member Swim				
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12:00p	Learn to Swim (12:00-1:00p)					Learn to Swim (12:00-1:00p)					Learn to Swim (12:00-1:00p)					Learn to Swim (12:00-1:00p)					Learn to Swim (12:00-1:00p)				
1:00p	Member Swim					Member Swim					Member Swim					Member Swim					Member Swim				
2:00p	Member Swim					Member Swim					Member Swim					Member Swim					Member Swim				
3:00p	Member Swim					Member Swim					Member Swim					Member Swim					Member Swim				
4:00p	Member Swim					Member Swim					YMCA Afterschool (3:30-5:00pm)					Member Swim					Member Swim				
5:00p	YMCA Swim Team 3:00-6:00p					YMCA Swim Team 3:00-6:00p					Middle School Swim Team					YMCA Swim Team 3:00-6:00p					YMCA Swim Team 3:00-6:00p				
6:00p	AQUA FIT (6:30-7:30p)					Middle School Swim Team					Member Swim 5:30-8:00p					AQUA FIT (6:30-7:30p)					Middle School Swim Team				
7:00p	Member Swim 7:30-8:00p					Member Swim					Member Swim					AQUA FIT (6:30-7:30p)					Member Swim 7:00-8:00p				
8:00p	Member Swim					Member Swim					Member Swim					Member Swim					Member Swim				

SATURDAY					SUNDAY									
1	2	3	4	5	1	2	3	4	5					
Open Lanes will be made to accommodate members use whenever possible.					Aquatrack Saturday will be the second Saturday of every month!					Member Swim 11:00a-3:00p				
										Member Swim 1:00-3:00				

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