



Standard Monday

6:30-8:15a Member Swim
 8:15-9:15a Water Aerobics
 9:30-10:30a Golden Hour
 10:30-12 Member Swim
 12-1:30p Learn to Swim kids
 1:30-5:30p Member Swim
 5:30-6:30p Aqua Attack
 6:30-9p Member Swim

Standard Wednesday

5a – Noon Member Swim
 12p - 1:30p Learn to Swim
 1:30-9p Member Swim

Standard Friday

6:30am-12p Member Swim
 12-1:30p Learn to Swim kids
 1:30-4p Member Swim
 4-5p lessons water buddies
 5-6p lessons progressive
 6-7p lessons parent-tot
 7-8p member swim

AQUATICS HOURS

MONDAY 6:30AM - 9PM
 TUESDAY 5AM- 9PM
 WEDNESDAY 5AM - 9PM
 THURSDAY 5AM - 9PM
 FRIDAY 6:30AM - 8PM
 SATURDAY 11AM- 3PM
 SUNDAY 2PM - 5PM

Standard Tuesday

5-8:15a Member Swim
 8:15-9:15a Water Aerobics
 9:30-10:30a Golden Hour
 10:30-12 Member Swim
 12-1:30p Learn to Swim kids
 4:30-5:30p Water Buddies
 5:30-6:30p Progressive
 6:30-7p Member Swim
 7-8p Water Aerobics
 8-9p Member Swim

Standard Thursday

5:00a-8:15a Member Swim
 8:15-9:15a Water Aerobics
 9:30-10:30a Golden Hour
 10:30-12 Member Swim
 12-1:30p Learn To Swim
 1:30-4:30p Member Swim
 4:30-5:30 Water Buddies
 5:30-6:30 Progressive Swim
 6:30-7p Member Swim
 7-8p Water Aerobics
 8-9p Member Swim

Standard Saturday

11a-3p Member Swim
Standard Sunday
 2-5p Member Swim

Child Development Center

Ages 6wks - 7yrs

Youth Fitness ZONE ages 7-12

Mon - Fri 8a-11:30a
 Mon - Fri 4:30p-8p
 Sat 9a -11:30am

Sunday Closed *These services are for children attached to a Family Membership ONLY and enforced. 2 hour MAXIMUM time in child watch and Youth Zone per DAY*

AQUATICS MAY

- Please note ** New Hours in the Child Development Center and Youth Fitness Zone **
- Sign your child up for swimming lessons at the Y
- Summer Day Camp runs all day all Summer - ages 4-12

****Lap Lane always OPEN****

SUMMER SPORTS CAMPS FOR KIDS

British Soccer Camp Jun 18-22

Beginner Golf Clinics June

Intermediate Golf Clinics May & July

Details found at the business office or website

Mon	Tue	Wed	Thu	Fri	Sat
	1 Standard	2 Standard	3 Standard	4 No learn to swim	5 Standard
7 Standard	8 Standard	9 Standard	10 Standard	11 No learn to swim	12 standard
14 standard	15	16	17	18	19
21 SWIM TEST For Day Campers	22 Standard	23 Standard	24 Standard	25 Standard	26 Standard
28 Standard	29 Standard	30 Golf Camp Swimming 1-2pm	31 Golf Camp Swimming 1-2pm	1 Golf Camp Swimming 1-2pm	

912-285-8660

www.ymcawaycross.org